

RC Lobster Base

No Added MSG**

Storage Conditions, Shelf Life, Servings and Yield

Storage: Refrigerate for best shelf life and flavor. May be frozen.

Shelf Life: 1 month non-refrigerated, 6 months refrigerated, may be frozen to extend shelf life.

Servings: 64 per 16 oz. jar.

Yield: 4 gallons.

Ingredients

Cooked lobster meat, salt, sugar, potato flour, hydrolyzed wheat protein, dextrose, onion powder, natural lobster flavor, yeast extract, maltodextrin, citric acid, spices, garlic powder, disodium inosinate, disodium guanylate, sunflower oil, natural flavor, and xanthan gum.

Contains Shellfish and Wheat.

Nutritional Information

Product prepared with: Water

	1 cup prepared	%DV*	Per 100 grams (base)
Weight or Serving Size	1 1/4 tsp. (7g)		100g
Calories	10		156
Calories from Fat	0		6
Total Fat	0g		0.4g
Saturated Fat	0g		0.1g
Trans Fat	0g		0.0g
Cholesterol	0mg		29.0mg
Sodium	790mg		11,130mg
Total Carbohydrates	2g		26.9g
Dietary Fiber	0g		0.6g
Sugar	1g		19.8g
Protein	1g		11.3g
Vitamin A		0%	35.0 IU
Vitamin C		0%	1.3mg
Calcium		0%	50.5mg
Iron		0%	0.5mg

*Percent Daily Value (DV) are based on a 2,000 calorie diet.

**Contains no added MSG except for that which is naturally occurring.